



FRIDAY NIGHT FACTS

Office of Faith-Based and Community Initiatives

Mitchell E. Daniels, Jr., Governor Paula Parker-Sawyers, Executive Director

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Dear Readers,

It is with deep sorrow that we inform you that Jim Sawyers, Paula Parker-Sawyers' husband, passed away Tuesday morning at their home in Indianapolis. His death was unexpected, and has shocked and grieved all of us at the Office of Faith-Based and Community Initiatives. To allow our staff to attend the funeral, the OFBCI office will be closed temporarily on Friday, August 25th. Someone will be available to answer the main telephone line at 317-233-4273.

We ask that you keep Paula and her children in your thoughts and prayers during this difficult time.

Sincerely,
The OFBCI Staff



From the Desk of Lt. Governor Becky Skillman

Press Release, Friday, August 18, 2006

"Wednesday night at the State Fair 4-H Sale of Champions, it was my great pleasure to announce a very generous contribution of nearly one ton of meat to Feeding Indiana's Hungry (FIH), the network of nine food banks in Indiana. JBS United and Purdue University's College of Agriculture teamed up to purchase and process the Grand and Reserve Champion beef cattle, sheep, and hogs so the meat can be distributed to FIH.

Protein is the most significant need our food banks face. This contribution will go a long way to solving our state's hunger problem. According to USDA guidelines, adults need an average of one-third of a pound of meat per day, while children ages two to eighteen need approximately a quarter of a pound. This donation will help nearly 5,000 adults or 6,500 children meet their daily recommended amount of protein for one day.

Although this is certainly great news for FIH and Hoosiers across the state, it is only a beginning. We must continue our efforts to feed those most in need. In 2007, we will work to expand this initiative to county 4-H livestock sales. Together we can eliminate hunger in Indiana."

For more information about this program, please visit <http://www.feedingindianahungry.org/>

Hoosiers...Now is the time to be heard...We need your input!

As shared with you last week in our Special Edition of Friday Night Facts, we are in the process of developing Indiana's State Service Plan and we need your help! The State Service Plan encompasses Indiana's three-year strategy for coordinating national and volunteer service across all areas of service in the state and should reflect the priorities defined by each of our stakeholders – including you.

Please take a few moments to complete the on-line survey by visiting <http://www.surveymonkey.com/s.asp?u=468212470918> Please complete the survey no later than Friday, September 1, 2006.

We hope to hear from as many Hoosiers as possible. Feel free to pass along the survey link to friends and colleagues to assist us in this effort.

Teacher's Treasures Gets A Gem



Last week we said good bye and good luck to another one of our wonderful VISTAs. After Johanna Amefia-Koffi's year of VISTA service, she found a home with Teacher's Treasures, Inc, which is a non-profit organization that serves IPS classroom teachers. Here is Johanna's story.

Over the past year, I have had the opportunity to look at the structure of volunteerism within the state of Indiana. The question that the Office of Faith-Based and Community Initiatives wanted answered is "what does leadership in volunteerism look like in Indiana?" During the year, I have had the chance to meet with the leaders of volunteer centers, volunteer associations, and large volunteer initiatives to discover who they are and what they offer to the state. I have found that these professionals are keenly in tune with their communities and desire deeply to engage persons in the work that they do.

Those meetings have led the OFBCI to engage these many entities in the development of a strategic plan for volunteerism at the state level. This engagement will hopefully help Hoosiers discover the many ways in which they can contribute to their local communities through volunteering. I have also had the opportunity to see what being a volunteer leader looks like up close by working with state employees in the building of a Habitat for Humanity home and working with the Governor's Awards for Service and Volunteerism. Each of these projects have inspired me to keep my involvement with service "fresh" by stretching myself beyond projects that I would traditionally consider.

My year with OFBCI has led me to work with a small non-profit in Indianapolis where I complete administrative tasks as well as working with the volunteers of this non-profit. My AmeriCorps VISTA year has ultimately helped me to uncover my passion for engaging others in service that benefits all.

OFBCI Welcomes New Account Clerk

Edith McGuire joined the OFBCI staff on August 10th. She has been a part-time student at the University of Indianapolis since August, 1998, and received her Associate of Science Degree in May, 2005. Edith is now focused on getting her Bachelor of Science Degree in May, 2007. She is has a drive for education and is the first in her family to go further than high school. She enjoys baking, doing volunteer work, is a care-giver and loves to help others. Edith resides on the south side of Indianapolis with her fiancé, Nathan, and their three year old daughter, Neviah.



By visiting www.letsaythanks.com, you can pick out a thank you card and Xerox will print it and send it to a soldier who is currently serving in Iraq. You aren't able to actually choose the recipient of the card, but it will go to some member of the armed services. It only takes a few minutes to select a pre-designed card and one of the personalized messages that best expresses your sentiments.

This is a great FREE site in which we can show our support for the men and women who are currently overseas protecting our freedom.



FitCity's Monthly Tip

In September, Indianapolis residents can take a break from their usual dining fare and sample food with names like jicama, tzatziki and tabbouleh. With Fiesta Indianapolis, Irish Fest, Greek Festival, French Market and Middle Eastern Festival all falling within a few weeks of each other, it's easy to experience one thing the various cultures have in common – unique cuisine.

When you taste ethnic foods for the first time, you experience a variety of herbs, spices, fruits and vegetables that you may not have known about – and probably wouldn't have mixed together to create a meal. But you also are exposed to new low-calorie and low-fat options that some cultures have been perfecting for centuries.

For example, look to Asian cultures for seafood and chicken that is poached, steamed and barbecued instead of fried. Italian recipes, though sometimes heavy on the carbohydrates, use red sauces, sun-dried tomatoes and herbs to add zest. And if flavor is what you seek, turn to Indian food for a tantalizing mix of spices that will yield scrumptious results.

So if you're looking for a way to spice up your meals, and still eat healthy foods, experiment with recipes from around the world (whether it's checking out the food at festivals this month or trying your hand at cooking your own). Here's one to start you off:

Easy Indian Chicken Curry

Salt and pepper, to taste
 ½ cup finely chopped onions
 ½ cup tomato juice
 1 ½ cups chicken broth
 3 tbsp all-purpose flour
 ½ cup finely chopped celery
 1 tsp curry powder
 ½ tsp Worcestershire sauce
 2 cups hot cooked rice
 2 tbsp butter
 1 ½ cups chopped cooked chicken



In a medium saucepan cook the onion and celery in hot butter until tender. Stir in flour and curry powder. Add chicken broth and Worcestershire sauce. Cook and stir until thickened and bubbly. Stir in tomato juice and cooked chicken; heat through. If desired, season to taste with salt and pepper. Serve over hot rice.

Upcoming festivals include:

Greek Festival	Sept. 8-9	Holy Trinity Church, 4011 N. Pennsylvania Street
Irish Fest	Sept. 15-17	Military Park, West and New York Streets
French Market	Sept. 16	St. Joan of Arc, 4217 Central Avenue
Fiesta Indianapolis	Sept. 16	Veterans Memorial Plaza, American Legion Mall, North & Meridian Streets
Middle Eastern Fest	Sept. 22-24	St. George Orthodox Christian Church 4020 Sherman Drive
International Festival	Nov. 2-5	Indiana State Fairgrounds, 1202 East 38 Street

Speakers
Include
Representatives
From:

United Way of the
Wabash Valley

Indiana Youth
Institute

Indiana Office of
Faith-Based and
Community
Initiatives

Indiana State
University

Hamilton Center

Junior Achievement

Downtown Terre
Haute, Inc.

Workforce
Investment Board

Saint Mary of the
Woods

Ivy Tech

Rose-Hulman
Institute of
Technology

Indiana Nonprofit
Resource Network

WABASH VALLEY COMMUNITY SUMMIT

September 7, 2006

Indiana State University

Hulman Memorial Student Union Dede III

8:30 a.m. to 3:45 p.m.

Registration begins at 8:00 a.m.

Resources for Nonprofit Organizations

- Making Connections with Higher Education
- Navigating Government: Finding and Utilizing Public Resources
- Indiana Youth Institute Programs and Resources

Life in the Wabash Valley: Critical Community Issues

- Stress and It's Impact on the Family
- How Healthy Are We? An Overview of Health and Wellness in the Wabash Valley
- Literacy and Workforce Readiness: Improving the Economic Well-Being of the Wabash Valley

Programming for Success

- Creative Fundraising – Collaborating for Success
- We're All in This Together – Collaborating with Business and Government

REGISTRATION

**Please return your registration and payment by
August 31, 2006 to:**

**The Center for Public Service and Community Engagement
Indiana State University
Erickson Hall, room 124
Terre Haute, IN 47809
Attn: Donna Isbell**

**Parking is provided in the North Visitors Lot
Registration fee \$10.00 per person
Make your check payable to: Indiana State University**

Name _____ Agency _____

Address _____ City _____ St _____ Zip _____

Tel _____ Email _____ Total Attending _____

List names _____
(For name badge purposes, please print clearly all names of those attending.)

Regular lunch _____ Vegetarian Lunch _____ Amount enclosed \$ _____